By listening to and collaborating with:

- ✓ Young people living in Scotland
- ✓ The families of young people living in Scotland



And involving:



- Educators and education establishments
- → Wider community members
- → Project partners (and secondary beneficiaries)
- Public Health and NHS Scotland servi

- Voluntary and charitable organisatio
- → Leisure and community activity providers
- Planet Youth
- → Policy makers inc. Local and National governmen
- → Public Sector inc. Police Scotland
- → Businesses in our communities

We will bring together local communities to take specific action based on the annual survey results

Build a coalition or local leadership group Complete surveys annually

Test the solutions

Share the results

Identify

on survey results

Coproduce

solutions wi

Increasing protective factors

School Individual Friends / community

Leisure time Mitigating risk factors

We can transform the environment around our young people, changing the lives of a generation

And work together to:



- ✓ Share insights from the data
- ✓ Encourage upstream thinking
- ✓ Share our learning (hits and misses)
- ✓ Celebrate small wins
- ✓ Remain asset-based
- Continuously evaluate and act upon findings
- Begin a national conversation

So that we

Parents have increased confidence in parenting their young people

More young people get real joy from healthy, safe and fun recreational activities

Teens are surrounded by peers and adults who are engaged in Planet Youth ethos and activities Teens feel safer, more confident and achieve more at school

Resulting in:

- ↑ Age of first use of drugs and alcohol
- ↑ More young people involved and engaged in community activities
- Parents and carers feel more empowered to support their child to make positive choices
- ↑ Young people have increased confidence and self-awareness
- Young people making positive life choices

and:

- Exposure to and use of alcohol, drugs and vaping among teens
- Problematic behaviour
- ◆ Risk taking



Reduction in deaths caused by drug and alcohol use

Planet Youth is

seen as 'the way

here' at all levels:

community, LA,

we do things

government

Reduction in self harm and suicide risk

health

Increased community safety for all members

All young people in Scotland are healthier, more resilient, safer and happier.